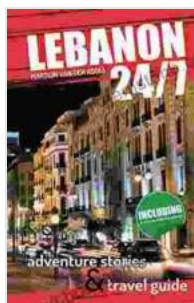


24 Lebanon Adventure Stories: The Ultimate Travel Guide

Lebanon is a country of stunning natural beauty, rich history, and warm hospitality. From the snow-capped mountains of the north to the sun-kissed beaches of the south, Lebanon offers endless opportunities for adventure.



24/7 Lebanon: Adventure stories & travel guide

by Herman Melville

★★★★☆ 4.5 out of 5

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Word Wise : Enabled
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In this comprehensive travel guide, we present 24 adventure stories that will inspire you to explore the hidden gems of Lebanon. From hiking to skiing, diving to paragliding, there's something for everyone in this adventure-packed guide.

1. Hiking the Cedars of God

The Cedars of God is a UNESCO World Heritage Site and home to some of the oldest and largest cedar trees in the world. Hiking through this ancient forest is a truly awe-inspiring experience.



The trail to the Cedars of God is well-marked and easy to follow. The hike takes about two hours each way, and the views along the way are simply breathtaking.

2. Skiing in the Mzaar Kfardebian

Lebanon is home to some of the best ski resorts in the Middle East. Mzaar Kfardebian is the most popular resort, and it offers a wide range of slopes for all levels of skiers.



The ski season in Lebanon runs from December to April. During this time, the snow conditions are excellent, and the weather is perfect for skiing.

3. Diving in the Mediterranean Sea

Lebanon has a stunning coastline with crystal-clear waters and an abundance of marine life. Diving in the Mediterranean Sea is a great way to explore the underwater world of Lebanon.



There are many dive sites to choose from in Lebanon. Some of the most popular sites include the Tyre Shipwreck, the Byblos Reef, and the Jeita Grotto.

4. Paragliding over the Bekaa Valley

The Bekaa Valley is a fertile plain that is surrounded by mountains. Paragliding over the Bekaa Valley is a great way to experience the beauty of the region from a unique perspective.



There are several paragliding schools in Lebanon that offer tandem flights. Tandem flights are a great way to experience paragliding without having to undergo any training.

5. Exploring the Jeita Grotto

The Jeita Grotto is a system of two interconnected limestone caves that are located in the Nahr al-Kalb valley. The Jeita Grotto is one of the most popular tourist attractions in Lebanon.



The Jeita Grotto is divided into two levels. The upper level is a dry cave that is filled with stalactites and stalagmites. The lower level is a flooded cave that is accessible by boat.

6. Visiting the Baalbek Ruins

The Baalbek Ruins are the remains of a Roman city that was built in the 3rd century BC. The ruins are located in the Bekaa Valley, and they are one of the most impressive archaeological sites in Lebanon.



The Baalbek Ruins include the Temple of Bacchus, the Temple of Jupiter, and the Temple of Venus. These temples are all remarkably well-preserved, and they give visitors a glimpse into the grandeur of the Roman Empire.

7. Hiking to the summit of Mount Sannine

Mount Sannine is the highest mountain in Lebanon. Hiking to the summit of Mount Sannine is a challenging but rewarding experience.



The hike to the summit of Mount Sannine takes about six hours each way. The trail is well-marked, but it is steep and rocky in some sections.

8. Skiing in the Cedars of God

In addition to hiking, the Cedars of God is also a popular destination for skiing. The ski season in the Cedars of God runs from December to April.



The Cedars of God ski resort offers a variety of slopes for all levels of skiers. There are also several ski schools that offer lessons for beginners.

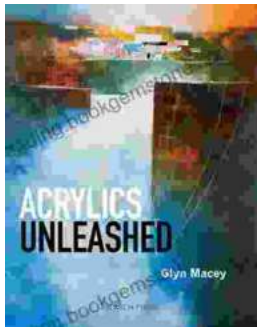
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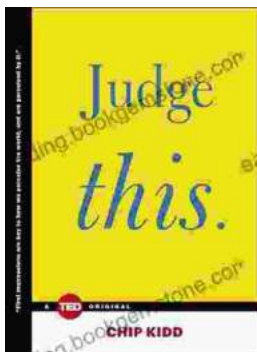


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